



The Reasons ‘Why?’: Analysis of Recent Suicide Statistics to Identify High Risk Population Groups

Tamanna Malhotra

Newcastle University, United Kingdom

Abstract:

Suicide is the act of intentionally causing one’s own death, usually due to stress; suicide can be called the end of the road. National Crime Records Bureau, India, have reported that every year, more than 100,000 people commit suicide in India. These are merely reported statistics, where in a majority of cases go undetected. This study aims to analyze recent cases of suicide across India, and identify emergent themes as well as high risk population groups. In our study, we examined this tragic phenomenon across the last 2 years and identified major themes about the major causes and factors leading to suicides in the general population. Insight into these factors would help identify at-risk populations and also help create timely interventions to prevent suicides across demographics. Suicide numbers Pan India collected from various databases like Indiastat etc. were analyzed for the last two years. The resulting causes and risk-factors were tabulated and content analysis was conducted. Trend Analysis yields that in the span of the last 2 years, out of the 100 cases taken into account in present study, 64 out of the total number of cases were males, which shows a gender disparity with male suicide rates being higher than that of females. Analysis further shows the leading causes of suicides in India to be depression (mental illness), family problems, bankruptcy, academics, and farmer suicides due to debt. Two distinct and salient population groups where maximum number of suicides have occurred are namely Farmers and Students. We focus on the leading cause and factors and identifying at-risk populations in these two segments of society.



Biography:

Tamanna Malhotra is a postgraduate student of Clinical Psychology at Newcastle University, England, United Kingdom. Originally from the city of New Delhi, India, she has completed her undergraduate degree in Psychology from the University of Delhi.

She has direct experience in working with children suffering from Neuro-developmental disorders such as Autism, and is greatly passionate about Psychological research.

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