Evaluation of Behaviour Modification and Social Adjustment Among Breast Cancer Survivors Attending Follow Up Clinic in Fmc Owo Nigeria

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Short Communication

ABSTRACT

Breast cancer is a highly prevalent medical problem with current data suggesting that more than 1in 8 women will develop breast cancer within their lifetime. A devastating disease affects thousands of women and men (rarely) every year. It had impacted on their mental health and psychological wellbeing when diagnosed. However, because of advances in early detection and medical treatment of cancer in the past three decades as well as the increasingly higher expectancy of the population, the survivor tends to live longer than usual mostly when behaviour is modify and psychosocial adjustment is made. Due to dearth information on lifestyles modification, this study tends to evaluate different behaviour modification and social adjustment; and knowledge of behaviour modification and social adjustment among respondents at Federal Medical Centre, Owo, Ondo State, Nigeria.

Biography

Experienced Registered Nurse with a demonstrated history of working in the medical practice industry. Skilled in Microsoft Word, Public Speaking, Critical Care Nursing, Healthcare Management, and Healthcare. Strong healthcare services professional with a Doctor of Philosophy - PhD(In View) focused in Nursing Science from Obafemi Awolowo University.

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